



DCCommunityhelp@rsed.org

District of Columbia Community Resources

Staying up to date with COVID19:

[John Hopkins COVID-19 Counter](#)

[DC COVID-19 Website](#)

[Updates on laws, Mayoral orders, and local response.](#)

[DCPS Distance Learning Materials by Grade](#)

[Centers for Disease Control and Prevention](#)

[DC Health Guidance](#)

[DC Health](#)

[DC Public Charter School Board resources for Charter families](#)

[Alerts and Updates from City](#)

[AlertDC](#)

[Mayor Bowser's Twitter](#)

[DC Health Twitter](#)

[Homeland Security and Emergency Management Agency on Twitter](#)



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General Assistance

United Way National Capital Area

Not sure where to start with your question? Dial 2-1-1 to get connected to a specialist for personalized assistance. Free, confidential, 24/7. Available in multiple languages. Prefer texting? Text your zip code to 898-211 for help.

Still unsure how to proceed? Reach out to the Rocketship DC Parent Community Task force by emailing: DCCommunityhelp@rsed.org.



Financial Assistance

Financial Assistance		
Organization	Services	Contact
Greater Washington DC Urban League	<p>The center provides rent help, mortgage payment and utility bill assistance to families and individuals who are living in the city, including but not limited to Ward 5. They support residents of the District of Columbia through the DC Emergency Assistance Fund. Call (202) 529-8701.</p> <p>Other programs from GWUL include grants for paying water bills from SPLASH and heating bill assistance. The League also addresses employment from the on-site career center, coordinates home buying and free foreclosure prevention, and offers other financial aid.</p>	<p>(202) 529-8701</p> <p>https://www.gwul.org/programs</p>
UPO United Planning Organization	<p>We currently offer more than 30 programs and services in such areas as early childhood education, youth development, job training and placement, health and wellness, housing, and volunteering.</p>	<p>(202) 238-4609</p> <p>https://www.upo.org/</p>
Housing Counseling Services	<p>DHCD Community-Based Non-Profit Organizations (CBO) provide housing counseling services and training to potential homeowners, current homeowners, and tenants, focusing on low-to-moderate income residents and neighborhoods. The CBOs provide outreach, application intake, counseling and training to support a variety of DHCD programs for homeowners, potential homeowners, and renters.</p> <p>Homeowner counseling services include foreclosure</p>	<p>(202) 667-7006</p> <p>http://housingetc.org/</p> <p>http://housingetc.org/contacting-hcs-during-the-state-of-emergency/</p>



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	<p>prevention, credit counseling, home/budget management, homebuyers clubs, and relocation counseling. Services are provided to assist tenants in understanding their rights and responsibilities, including issues such as potential displacement, rental/eviction counseling, apartment locating, and ongoing apartment locating.</p>	
<p>Shaw Community Service Center</p>	<p>Located in Northwest Washington, D.C., the historic Shaw community has a rich legacy dating back to In 2015, Shaw Ministry updated its name to 'Shaw Community Center' to reaffirm our non-sectarian commitment to educational and social services, and to reflect our enhanced capabilities in areas of technology, arts education, literacy, vocational training and direct employment to sustain families.</p>	<p>(202) 462-6401 https://www.shawcommunity.org</p>



Food Distribution Centers

Food Distribution Centers		
Organization	Services	Contact
Bread for the City	<p>We provide food, clothing, medical care, and legal and social services to reduce the burden of poverty. We seek justice through community organizing and public advocacy. We work to uproot racism, a major cause of poverty. We are committed to treating our clients with the dignity and respect that all people deserve.</p> <p>Bread for the City is comprehensively responding to COVID-19 with expanded community partnerships, continual medical care, and responsible and creative programming so that we can meet our community's needs.</p>	<p>(202) 561-8587</p> <p>https://breadforthe.city.org/</p>
Mary Center	<p>We developed our Social Change Model (SCM), which allows us to offer medical, dental, and behavioral health services for the entire family, along with social services and family literacy services - all under one roof.</p>	<p>(202) 483-8196 (844) 796-2797</p> <p>https://www.marycenter.org/</p>
Peoples Congregational United Church	<p>Distributes free food and groceries to persons in need on Fridays. Must have a referral from a social service agency in Washington DC. Phone (202) 829-5511.</p>	<p>(202) 829-5511</p> <p>https://peopleschurchucc.org/</p>
Capital Area Food Bank	<p>The Capital Area Food Bank leads our region's efforts to provide good, healthy food to people struggling with hunger and food insecurity. Each year, we source and distribute the food for over 30 million meals. Email: hungerlifeline@capitalareafoodbank.org</p>	<p>(202) 644-9807</p> <p>https://www.capitalareafoodbank.org/covid1</p>



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Housing

Evictions and utility cut-offs prohibited: The Council has passed legislation prohibiting evictions and utility cut-offs for electric, gas, and water services during the public health emergency. Tenants, homeowners, and consumers should report violations of these new protections to the Attorney General’s Office of Consumer Protection by:

- Calling (202) 442-9828
- Emailing Consumer.Protection@dc.gov
- Submitting a [complaint online](#)

Housing		
Organization	Services	Contact
Greater Washington Urban League, Inc.	Programs on financial literacy help youth and adults understand resource investments and wealth accumulation. The Housing Division offers homebuyer education workshops teaching participants how to apply for a loan, prepare a budget, and resolve credit problems. These and other workshops are offered at the Greater Washington Urban League headquarters in Washington, D.C. and in our Prince George’s County, MD Office.	(202) 265-8200 https://www.gwul.org/housing
House of Ruth	House of Ruth offers comprehensive support for women, children and families. Our continuum of services encompasses enriched housing for families and single women, trauma-informed daycare for children, and free counseling to empower anyone, regardless of gender, who is a survivor of trauma and abuse. Our programs provide individualized support to rebuild safe, independent, and sustainable lives.	(202) 667-7001 https://houseofruth.org/get-help



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District of Columbia Community Resources

Total Family Care Coalition	TFCC works closely with families to help them overcome their obstacles. Our trained peer support workers, our teachers and our staff are all determined to help families, youth and individuals find solutions to the varied problems they are facing. We focus our efforts on strengthening the family structure and creating the unity that helps bring about lasting and personal change for our clients. Email: TotalFamilyCareCoalition@gmail.com	(202) 249-1000 http://totalfamilycarecoalition.org
Fihankra Akoma Ntoaso (FAN)	FAN's mission is to cultivate a focus on youth well-being and positive development in an environment infused with safety, security, and love. We provide youth in foster care opportunities to nurture their interests and talents, acquire new skills, and gain a sense of personal and group recognition in an atmosphere of hope.	(202) 380-9390 http://www.fan-dc.org/about/fan
Change, Inc.	The non-profit offers emergency housing assistance, rent, mortgage payment, and utility and heating bill assistance to residents of Ward 1 and Ward 4 in Washington DC.	(202) 387-3725



Medical Services

Access to Medical Services		
Organization	Services	Contact
Anacostia Community Health Center	<p>There aren't enough primary health care workers. That means some people can't get the health care they need. We work to change that.</p> <p>We focus on: Caring for everyone, even if they can't pay. Preventing disease and illness.</p> <p>Unity Health Care Anacostia Health Center has NHSC providers that work to ensure patients in Anacostia receive quality care.</p> <p>Services: Walk-In Medication Assisted Treatment Medication Assisted Treatment Obstetrics Gynecology Obstetrics Gynecology Infectious Diseases Infectious Diseases Social Services Social Services Podiatry Podiatry Pediatrics Pediatrics Ophthalmology Ophthalmology HIV Diseases HIV Diseases Family Planning Family Planning Family Medicine Family Medicine Dental Dental Behavioral Health Behavioral Health</p>	<p>(202) 469-4699</p> <p>https://www.unityhealthcare.org/find-a-health-care-center</p>



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<p>Bread for the City</p>	<p>The mission of Bread for the City is to help Washington, DC residents living with low income to develop their power to determine the future of their own communities. We provide food, clothing, medical care, and legal and social services to reduce the burden of poverty. We seek justice through community organizing and public advocacy. We work to uproot racism, a major cause of poverty. We are committed to treating our clients with the dignity and respect that all people deserve.</p> <p>Bread for the City is comprehensively responding to COVID-19 with expanded community partnerships, continual medical care, and responsible and creative programming so that we can meet our community's needs.</p>	<p>(202) 561-8587</p> <p>https://breadforthe-city.org</p>
<p>Columbia Road Health Services</p>	<p>There aren't enough primary health care workers. That means some people can't get the health care they need. We work to change that.</p> <p>We focus on: Caring for everyone, even if they can't pay. Preventing disease and illness.</p> <p>Services: Walk-In Teen / Young Adult Teen / Young Adult Social Services Social Services Pediatrics Pediatrics Internal Medicine Internal Medicine Family Planning Family Planning Family Medicine Family Medicine Behavioral Health Behavioral Health</p>	<p>(202) 469-4699</p> <p>https://www.unityhealthcare.org/find-a-health-care-center</p>



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<p>Whitman-Walker Clinic</p>	<p>Each day, we recommit to those principles and to you. We stand by your side. We See You.</p> <p>Effective Monday, March 23rd through Friday, May 29th: Whitman-Walker will operate in-person respiratory clinics to treat our patients who are affected by COVID-19 at Whitman-Walker at 1525 at 1525 14th Street, NW and at Max Robinson Center at 2301 Martin Luther King Jr. Avenue, SE. We will also have emergency dental care available at 1525 14th Street, NW. Please call our main line at 202.745.7000 for more information. The only in-person appointments that we will schedule at this time are those that support the respiratory clinics. To reduce risk of exposure to COVID-19, please do NOT arrive more than 15 minutes early for your appointment.</p> <p>If you are a patient or client of Whitman-Walker and are planning an urgent visit to one of our health centers, you are urged to call us at 202.745.7000 first BEFORE showing up in person. Our Whitman-Walker staff might be able to treat you over the phone and limit your chance of exposure to COVID-19.</p> <p>Washington Free Clinic merged with Whitman-Walker Clinic in 2013.</p>	<p>(202) 745-7000</p> <p>https://www.whitman-walker.org/blogs-and-stories/service-updates-during-the-covid-19-crisis</p>
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Unemployment Services:

Unemployment		
Organization	Services	Contact
DOES (Department of Employment Services)	<p>If you are an employee negatively impacted by COVID-19 because you are sick, quarantined, had your hours reduced or were laid off, or are otherwise unable to go to work due to the virus, you should apply for unemployment insurance.</p> <p>Below you will find information and resources regarding our services and COVID-19. Please check back regularly as these resources will continually be updated.</p> <p><u>COVID-19 and Unemployment Insurance - FAQ for Employees</u> <u>COVID-19 and Unemployment Insurance - FAQ for Employers</u> <u>COVID-19 Scenarios</u></p> <p>IMPORTANT THINGS TO KNOW:</p> <p>Waiting Period Week:</p> <ul style="list-style-type: none"> Claims filed after March 15, 2020 will have their waiting period week waived. We are working diligently to modify our system to accommodate this change. "Waiting Week" payments will be paid within 30 days of filing an initial claim for unemployment benefits. Please continue to file your weekly <u>continued claim forms</u>. <p>Work Search Requirement:</p> <ul style="list-style-type: none"> Effective March 15, 2020, the Work Search requirement is waived for all claimants. We are working diligently to modify our system to accommodate this change. Until these system modifications are completed, please continue to provide accurate work search information on your continued claim form. 	<p>(202) 724-7000</p> <p><u>https://does.dcnetworks.org/c/claimantservices/Logon.aspx</u></p>



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	<p>If you receive a message indicating that benefits will be delayed or denied for this reason, please disregard it. While DOES has a 21-day adjudication time period, we are working as quickly as possible to address all outstanding issues.</p> <p>Able and Available Requirement:</p> <ul style="list-style-type: none"> • The District has received authority to relax the able and available requirement for individuals affected by COVID-19. During this time, individuals will be considered able and available if you have previously demonstrated your ability to work and availability for work following your most recent separation from employment. <p>Reason for Separation:</p> <ul style="list-style-type: none"> • If your employer has closed for business, reduced your hours or furloughed you due to COVID-19, you are considered laid off. Please note, there is an option you can choose on the initial claim application for benefits which allows you to specify "Laid Off Due to Lack of Work" as your reason for separation. <p>Disaster Unemployment Assistance (DUA).</p>	
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Childcare Services

Childcare		
Organization	Services	Contact
UPO	We currently offer more than 30 programs and services in such areas as early childhood education, youth development, job training and placement, health and wellness, housing, and volunteering.	(202) 238-4609 https://www.upo.org/

Employment Services

Employment		
Organization	Services	Contact
Skyland Workforce Center	<p>Many job seekers face multiple challenges related to literacy, computer skills, work readiness, transportation, housing, and other barriers to employment. Skyland Workforce Center provides high-quality workforce development programs in one location, leading to work-ready employee candidates, career-focused job placement, economic self-sufficiency, and improved quality of life.</p> <p>Skyland Workforce Center is a project of Building Bridges Across the River, a ward 8 nonprofit in Washington, DC.</p>	(202) 793-2141 https://www.skylandworkforcecenter.org/



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<p>Total Family Care Coalition</p>	<p>TFCC works closely with families to help them overcome their obstacles. Our trained peer support workers, our teachers and our staff are all determined to help families, youth and individuals find solutions to the varied problems they are facing. We focus our efforts on strengthening the family structure and creating the unity that helps bring about lasting and personal change for our clients. Email: TotalFamilyCareCoalition@gmail.com</p>	<p>(202) 249-1000 http://totalfamilycarecoalition.org</p>
<p>House of Ruth</p>	<p>House of Ruth offers comprehensive support for women, children and families. Our continuum of services encompasses enriched housing for families and single women, trauma-informed daycare for children, and free counseling to empower anyone, regardless of gender, who is a survivor of trauma and abuse. Our programs provide individualized support to rebuild safe, independent, and sustainable lives.</p>	<p>(202) 667-7001 https://houseofruth.org/get-help</p>
<p>The Excalibur Group at ACW</p>	<p>DC's Department of Human Services awarded The Excalibur Group a contract to help provide job placement to DC residents that were under or unemployed. The Adell C. White Workforce Center, opened in October 2018 as a program of The Excalibur Group, to assist job seekers in their pursuit of sustainable employment. Through a holistic job placement approach, which includes job readiness assistance education, Excalibur is bridging the public/private sector gap in collaborative employment solutions.</p>	<p>(202) 919-3004 http://theexcaliburgroup.com/tanf</p>



Mental Health Services:

Mental Health		
Organization	Services	Contact
CORE HEALTH & WELLNESS CENTER	Comprehensive Medical and Wellness Services: Women's Health Men's Health Pediatrics Adolescent Care Geriatrics Alternative Medicine Holistic Care	(202) 610-6106 (202) 574-6618 https://www.corehealthdc.com
INNER CITY FAMILY SERVICE	Inner City Family Services is a community development organization providing a wide range of service toward positively impacting families and communities in Washington, DC. ICFS administers services via the latest and most effective family and community building tools in the field of social and community development. Our services work to develop and sustain healthy families and communities.	(202) 525-4855 https://www.innercityfamilyservices.com
House of Ruth	House of Ruth offers comprehensive support for women, children and families. Our continuum of services encompasses enriched housing for families and single women, trauma-informed daycare for children, and free counseling to empower anyone, regardless of gender, who is a survivor of trauma and abuse. Our programs provide individualized support to rebuild safe, independent, and sustainable lives.	(202) 667-7001 https://houseofruth.org/get-help
Family and	Services	(202) 889-7900



District of Columbia Community Resources

<p>Medical Counseling Service, Inc.</p>	<p>Primary Medical Care Pediatrics / Adolescent Medicine Hepatitis, HIV, and STD Treatment Treatment Adherence Case Management (Medical Case Management) Retention / Recapture Services Substance Abuse Counseling Individual, Family, Group Therapy HIV Counseling and Testing</p> <ul style="list-style-type: none"> ● Prevention @ Home (PAH) <p>Prevention Services</p> <ul style="list-style-type: none"> ● African American Heterosexual Males <p>Needle Exchange Services Hepatitis C Screening & Linkage to Care</p>	<p>https://www.fmc-sinc.org</p>
<p>Department of Behavioral Health</p>	<p>DBH contracts with community based providers to provide mental health services and supports. You can contact a provider of your choice directly or call the Access Helpline for assistance. DBH certifies each provider to ensure conformity to federal and District regulations and monitors quality of care.</p> <p>See link to pdf on right to view modified schedule.</p>	<p>1(888) 793-4357</p> <p>https://coronavirus.dc.gov/sites/default/files/dc/sites/coronaviruses/publication/attachments/3-28-20DBH_PublicAnnouncementofServiceChanges.pdf</p>



Adult Education:

Vocational Training		
Organization	Services	Contact
INNER CITY FAMILY SERVICE	Inner City Family Services is a community development organization providing a wide range of service toward positively impacting families and communities in Washington, DC. ICFS administers services via the latest and most effective family and community building tools in the field of social and community development. Our services work to develop and sustain healthy families and communities.	(202) 525-4855 https://www.innercityfamilyservices.com
UPO	We currently offer more than 30 programs and services in such areas as early childhood education, youth development, job training and placement, health and wellness, housing, and volunteering.	(202) 238 4609 https://www.upo.org